

# Health Place

## Prime Lap Swim Times

Monday-Thursday:	5:00 am - 8:00 am 1:00 pm - 5:00 pm 8:00 pm - 9:30 pm
Friday:	5:00 am - 8:00 am 1:30 pm - 9:30 pm
Saturday:	2:00 pm - 5:30 pm
Sunday:	8:00 am - 5:30 pm

- \* A lap lane may be closed during aerobic classes with more than 13 participants.
- \* A lap lane may be reserved for swimming lessons at any time.
- \* Only instructors are allowed to close a lap lane.
- \* Please share a lane with other swimmers when possible.

**A minimum of 2 lap lanes will be available for lap swimming at all times.**

For questions or concerns regarding the pool or Aquatic classes, please contact the Aquatics Department at [770] 793-7300.