



Prime Lap Swimming Times



Monday-Thursday	4:45-8 a.m. 12:30-5 p.m. 8-9:30 p.m.
Friday	4:45-8 a.m. 12:30-9:30 p.m.
Saturday	1-5:30 p.m.
Sunday	8 a.m.-5:30 p.m.

Please Be Aware

Busiest pool time: Saturdays from 8 a.m.-1 p.m. during Learn to Swim programs. Few lanes are available.

Lap Swimming Information and Pool Etiquette

- If aerobic classes exceed 13 people, a lap lane may be closed to accommodate the class. Only the instructor is allowed to move the lane rope.
- Lap lanes may be reserved by Health Place instructors for private swim lessons and training.
- A minimum of two lanes will be available for lap swimmers at all times.
- If the pool is busy, please share the lanes.
- Please stow your equipment and return borrowed items to the proper bins.

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