

# Health Place at WellStar East Cobb Health Park

## YOGA & TAI CHI

2019 SCHEDULE



### YOGA

Tuesdays 12:15-1:15 p.m.

#### Winter Session

12 Classes – Jan. 8-March 26

#### Spring Session

11 Classes – April 2-June 18

*No class May 28*

#### Summer Session

10 Classes - June 25-Sept. 10

*No class on July 2 and Sept. 3*

#### Fall Session

11 Classes - Sept. 17-Dec. 3

*No class on Nov. 26*

### TAI CHI

Thursdays Noon-1 p.m.

#### Winter Session

12 Classes – Jan. 10-March 28

#### Spring Session

10 Classes – April 4-June 20

*No class on May 16 and 30*

#### Summer Session

10 Classes – June 27-Sept. 12

*No class on July 4 and Sept. 5*

#### Fall Session

11 Classes – Sept. 19-Dec. 5

*No class on Nov. 28*



12-Class Sessions: \$90

11-Class Session: \$82.50

10-Class Sessions: \$75

WellStar Team Member Price: \$72

WellStar East Cobb Health Park  
3747 Roswell Rd. NE | Marietta, GA 30062

**WELLSTAR**<sup>®</sup>  
East Cobb Health Park

To register or for more information, call 770-956-STAR (7827)  
or visit [wellstarhealthplace.org](http://wellstarhealthplace.org)