

Health Place at WellStar Acworth Health Park

YOGA CLASSES



MORNING YOGA

Mondays & Wednesdays – 9:30-10:45 a.m.

Winter Session I

12 Classes – Jan.7-Feb. 13

Winter Session II

12 Classes – Feb. 18-March 27

Spring Session I

12 Classes – April 1-May8

Spring Session II

10 Classes – May 13-June 19

No class May 27 & 29

Summer Session I

10 Classes – June 24-July 31

No class July 1 & 3

Summer Session II

10 Classes – Aug. 5-Sept. 11

No class Sept. 2 & 4

Fall Session I

12 Classes – Sept. 16-Oct. 23

Fall Session II

10 Classes – Oct. 28-Dec. 4

No class Nov. 25 & 27

EVENING YOGA

Monday Evenings ONLY – 5:30-6:30 p.m.

Winter Session

12 Classes – Jan. 7-March 25

Spring Session

11 Classes – April 1-June 17

No class May 27

Summer Session

10 Classes – June 24-Sept. 9

No class July 1 & Sept. 2

Fall Session

11 Classes – Sept. 16-Dec.2

No class Nov. 25



12-Class Sessions: \$90

11-Class Session: \$82.50

10-Class Sessions: \$75

WellStar Team Member Price: \$72

WellStar Acworth Health Park
4550 Cobb Parkway NW | Acworth, GA 30101

WELLSTAR[®]
Acworth Health Park

To register or for more information, call **770-956-STAR (7827)**
or visit wellstarhealthplace.org