

Health Place at WellStar Acworth Health Park

YOGA CLASSES 2020 SCHEDULE



MORNING YOGA

Monday & Wednesday – 9:30-10:45 a.m.

Winter Session I

12 Classes – Jan.6-Feb. 12

Winter Session II

12 Classes – Feb. 17-March 25

Spring Session I

12 Classes – March 30-May 6

Spring Session II

11 Classes – May 11-June 17

No class May 25

Summer Session I

12 Classes – June 22-July 29

Summer Session II

11 Classes – Aug. 3-Sept. 9

No class Sept. 7

Fall Session I

12 Classes – Sept. 14-Oct. 21

Fall Session II

11 Classes – Oct. 26-Dec. 2

No class Nov. 25

12-Class Sessions: \$90
11-Class Session: \$82.50
10-Class Session: \$75
WellStar Team Member Price: \$72

EVENING YOGA

Monday & Wednesday – 5:30-6:45 p.m.

Winter Session I

11 Classes – Jan.6-Feb. 12

No Class January 8

Winter Session II

11 Classes – Feb. 17-March 25

No Class February 26

Spring Session I

10 Classes – March 30-May 6

No Class April 8 and 22

Spring Session II

11 Classes – May 11-June 17

No class May 25

Summer Session I

10 Classes – June 22-July 29

No Class June 24 and July 15

Summer Session II

10 Classes – Aug. 3-Sept. 9

No class Aug. 26 and Sept. 7

Fall Session I

12 Classes – Sept. 14-Oct. 21

Fall Session II

10 Classes – Oct. 26-Dec. 2

No class Oct. 28 and Nov. 25

WellStar Acworth Health Park
4550 Cobb Parkway NW | Acworth, GA 30101

WELLSTAR[®]
Acworth Health Park

To register or for more information, call 770-956-STAR (7827)
or visit wellstarhealthplace.org