

Family Swim Rules

1. Family Swim is held every Saturday and Sunday. It begins at 1:00 pm and ends at 4:00 pm. There is NO Family Swim on the Saturdays when there are no Learn to Swim classes. Children are not allowed in the pool or pool area other than these Family Swim times or during lessons. No exceptions.
2. In the event of Family Swim being canceled, children will not be allowed in the pool during this time even under supervision.
3. Family Swim is open to Health Place members and their children or grandchildren under the age of 15. Anyone else is considered a guest and must pay the \$10 guest fee. Only 2 children to 1 adult are allowed.
4. Learn to Swim participants are allowed to use the pool during Family Swim during their paid session only. They are to show their swim pass at the front desk upon arrival. It is the responsibility of the front desk staff to check each person signing in if they are a member or guest (which they will need their current pass).
5. Health Place staff are allowed to bring their children or grandchildren and must follow the rules as stated.
6. All children 14 years of age and younger must have DIRECT SUPERVISION of parent or guardian. Family Swim is a time for parents to share with their children.
7. Children are allowed to use pool noodles but no other use of equipment is allowed at any time. Please do not slam the noodle on the water.
8. No outside toys are permitted. No beach balls, rockets, Frisbees etc. allowed at any time.
9. Swimmers must follow the direction of the Lifeguard on duty. The lifeguard has the authority to ask those participants that refuse to follow Health Place rules and regulations to exit the pool.
10. No diving is allowed. This is a shallow pool.
11. Children 14 years of age and younger are NOT PERMITTED TO USE THE WHIRLPOOL AT ANY TIME. Even dangling legs in the heated water poses a health risk to youngsters.
12. Children who are not "potty-trained" must be dressed in tight-legged nylon/swimming under-garments that are worn under his/her swimsuit with an appropriate swim diaper.
13. Children 5 years of age and over who are with the opposite sex parent are required to use the Unisex Restrooms upstairs. Please see the front desk for locations.
14. Goggles are not provided, but they are sold in the pro shop.
15. Do not wear lotions or oils in pool.
16. Shower before entering pool.
17. Remove jewelry before entering pool.

We are a medical-based facility with a community swim program for lessons and Family Swim time. These rules will be strictly enforced. Failure to abide by the rules could have your Family Swim privileges revoked.