

BARRE above®

**Take Your Fitness
Program to a New Level!**

Join the movement taking the country by storm and begin teaching your own barre classes anywhere!

Fusing the best of Pilates, yoga, aerobics, and elements of the strengthening exercises dancers do, Barre Above delivers a results-driven workout that is not only fun and dynamic, but it will sculpt your students' bodies and keep them coming back for more!

- Flexible formats for all fitness levels
- No Licensing Fees
- Complement any instructor's teaching style
- Can be taught on or off the barre
- Optional Ongoing Choreography

Register at: www.barreabove.com/events.php#marietta

Advance pricing: \$229.99 until December 31st

Regular pricing: \$249.99 from January 1st - 13th



**Master Trainer:
Michelle Jernigan**

BARRE above CERTIFICATION
Sunday - January 14th
Wellstar Health Place
330 Kennestone Hospital Blvd
Marietta GA 30064
Time: 9:00 am - 5:00 pm



**Become a Barre
Instructor Today!**