



# WELLSTAR ACWORTH HEALTH PARK

## *Yoga Classes held Mondays & Wednesdays*

### MORNING YOGA

9:30 a.m. - 10:45 a.m. | Mondays & Wednesdays

Winter Session I:

\$90 - 12 classes  
Jan. 8<sup>th</sup> – Feb. 14<sup>th</sup>

Winter Session II:

\$90 - 12 classes  
Feb. 19<sup>th</sup> – Mar. 28<sup>th</sup>

Spring Session I:

\$90 - 12 classes  
Apr. 2<sup>nd</sup> – May 9<sup>th</sup>

Spring Session II:

\$75.00 - 10 classes  
May 14<sup>th</sup> – Jun. 20<sup>th</sup>  
*\*No class on 5/28 & 5/30*

Summer Session I:

\$75.00 - 10 classes  
Jun. 25<sup>th</sup> – Aug. 1<sup>st</sup>  
*\*no class on 7/2 & 7/4*

Summer Session II:

\$75.00 - 10 classes  
Aug. 6<sup>th</sup> – Sep. 12<sup>th</sup>  
*\*No class on 9/3 & 9/5*

Fall Session I:

\$90 - 12 classes  
Sep. 17<sup>th</sup> – Oct. 24<sup>th</sup>

Fall Session II:

\$75.00 - 10 classes  
Oct. 29<sup>th</sup> – Dec. 5<sup>th</sup>  
*\*No class 11/12 & 11/21*



### EVENING YOGA

5:30 p.m. - 6:30 p.m. | Monday Evenings **ONLY**

Winter Session

\$90 - 12 classes  
Jan. 8<sup>th</sup> – Mar. 26<sup>th</sup>

Spring Session

\$82.50 - 11 classes  
Apr. 2<sup>nd</sup> – Jun. 18<sup>th</sup>  
*\*No class on 5/28*

Summer Session

\$75.00 - 10 classes  
Jun. 25<sup>th</sup> – Sep. 10<sup>th</sup>  
*\*No class on 7/2 & 9/3*

Fall Session

\$82.50 - 11 classes  
Sep. 17<sup>th</sup> – Dec. 3<sup>rd</sup>  
*\*No class on 11/5*

To register or for more information, please call **770-956-STAR (7827)** or visit [wellstar.org](http://wellstar.org).

*\* WellStar employee price \$72.00*

