

Health Place Personal Training Rates and Packages

1-hour. packages

Health Place Member

1 session = \$55.00
5 sessions = \$225.00 (\$45/session)
10 sessions = \$400.00 (\$40/session)
20 sessions = \$700.00 (\$35/session)

Non-Member

1 session = \$60.00
5 sessions = \$250.00 (\$50/session)
10 sessions = \$450.00 (\$45/session)
20 sessions = \$800.00 (\$40/session)

Couple Rates

1 session = \$82.50
5 sessions = \$337.50 (\$67/session)
10 sessions = \$600.00 (\$60/session)
20 sessions = \$1,050.00 (\$52.50/session)

30-min. packages

Health Place Member

1 session = \$ 40.00
5 sessions = \$150.00 (\$30/session)
10 sessions = \$250.00 (\$25/session)
20 sessions = \$400.00 (\$20/session)

Non-Member

1 session = \$45.00
5 sessions = \$175.00 (\$35/session)
10 sessions = \$300.00(\$30/session)
20 sessions = \$500.00(\$25/session)

Couples Rates

1 session = \$60.00
5 sessions = \$225.00 (\$45/session)
10 sessions = \$375.00 (\$37.50/session)
20 sessions = \$600.00 (\$30.00/session)